

Emergency Preparedness



Creating a Medication Disaster Plan

Disaster can strike at any time. With some preparation and planning on your part, however, you'll be sure to have the medications you need, giving you one less thing to worry about in an emergency.

Simple Tips

- Always keep an adequate supply of medications on hand by ordering refills one to two weeks before running out.
- If a disaster forces you to leave your home, be sure to take at least three days' worth of medications and supplies with you, and more if authorities advise it.
- Make a list of medications you and your family members take. You can use the Medication Information Card included in this brochure to note the information and keep in your wallet.
- Always carry your medical and prescription ID cards.
- Keep all of your medications in the same spot for easy access.
- Review your Medication Disaster Plan with your child's caretaker or school if your child requires routine medication.
- If your medication requires special shipping, storage, administration or supplies, ask your doctor for extra assistance.

What Can HealthDyne Specialty Pharmacy Do?

HealthDyne Specialty Pharmacy can get you the medications you need, even in an emergency. Call HealthDyne Specialty Pharmacy Customer Care toll-free at **1 (800) 641-8475**. We're always here to help.

Home Delivery

If you have evacuated from your home and cannot receive your medication delivery, check with your local post office for delivery information. If the post office is holding your medication and you are unable to get there, call HealthDyne Specialty Pharmacy to arrange delivery to a different address.

Retail Pharmacy

HealthDyne Specialty Pharmacy can also arrange for a short-term supply of your medication that you can pick up at your local participating retail pharmacy. If your regular pharmacy is unable to fill your prescription, we will find a pharmacy nearby to fill your prescription.

Having a Medication Disaster Plan ensures you don't have to worry about your medications during an emergency. HealthDyne Specialty Pharmacy is here to help. Call **1 (800) 641-8475**, and we'll be sure to get you the medications you need.

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Medication Information Card

Use this Medication Information Card to record your drug information and any other important facts that you may need to get your medication during an emergency. Helpful information includes:

- Drug name
- Dosage strength
- Dosage form
- Directions

You can make additional copies for family members, if needed, to guarantee you have their drug information available during an emergency.

Additional Considerations

Once you have your emergency plan in place, you'll be prepared when disaster hits. Here are a few additional things you can prepare for ahead of time:

- **When you must evacuate:**
In addition to your prescription medications, keep a fully stocked disaster supply kit with any over-the-counter and first aid supplies you may need. You may also want to keep a copy of your medical and/or pharmacy ID card and Medication Information Card included in this kit.
- **When your medication requires electronic equipment:**
If you lose electricity in your home, go to the closest hospital or shelter with at least a three-day supply of your medications. You should also contact local authorities to see how long the outage will last, in case you need to refill your prescription.
- **When your medication requires refrigeration:**
Have a cooler and extra ice to keep your medications at the correct temperature in case of electrical outage or evacuation. Please call HealthDyne Specialty Pharmacy to speak to a pharmacist regarding how to store your medication at the correct temperature.

My Medication List


Drug Name
Strength
Form
Directions
Drug Name
Strength
Form
Directions
Drug Name
Strength
Form
Directions
Drug Name
Strength
Form
Directions



Important Information

Doctor
Phone
Pharmacy
Phone
Post Office
Phone

HealthDyne Specialty Pharmacy
phone (800) 641-8475
fax (800) 530-8589
American Association of
Poison Control Centers
Phone 1 (800) 222-1222





For more information, please visit the HealthDyne Specialty Pharmacy website at www.HealthDyneSpecialty.com.